# **Bene'-Kelly Insurance Newsletter**

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## <u>Texting While Driving Can Derail Your Brain's</u> <u>"Autopilot".</u>



Whether it's kids arguing in the back seat, work stress, or your phone pinging, there are countless things that distract your driving; however, research shows <u>checking your phone is</u> <u>the worst and most dangerous</u>!

- 3,154 people died in crashes linked to texting and driving last year.
- Over 420,000 people were injured in texting related accidents last year.

People who drive while absentminded or emotional still have a "sixth sense" instinct that helps them navigate safely. When you text and drive you lose this sixth sense.

Texting while driving is more dangerous compared to eating or talking because it takes a person's eyes off the road longer and more frequently. Studies have shown that texting and driving can be compared to drunk driving.

- If you are still texting and driving, please stop.
- Keep your phone in your purse or glove compartment to avoid the temptation to use it at red lights.

#### **News Around the Office**

The Team Member we are highlighting this month is Kevin Kelly.

#### Kevin Kelly -Golfer, Dad, and Insurance Agent!

Kevin's first job took him to Shreveport, LA but he eventually found his way back home to join the family business. Now, 20+ years in insurance, he and his wife Jennifer have three boys -Jack, Sean, and Brendan.

Kevin appreciates the challenge of all types of insurance but has a special knack for commercial. There isn't a sport he can't talk about and he doesn't shy away from a playoff bracket or office pool. In his spare time, the golf course calls his name.

